



LAKELAND YOUTH CENTER SOCCER RULES AND REGULATIONS

IHSAA rules will be followed in all cases except as identified:

PeeWee (Preschool)

- Each game shall consist of (2) 15 minutes halves with a five minute half time. Please note the clock should be running the whole time.
- There shall be only 6 players at any time on the field during the game. LYC encourages that these all be field players, no goalie should be used.
- Coach from each team shall act as referees during the game
- There shall be no slide-tackle at any time. First incident will result in a verbal warning with the second incident resulting in a 10 minute penalty on the sideline.
- The offside rule will NOT be in effect
- There will be a second chance throw-in only if a throw-in was in violation by not having both feet on the ground or stepping across the line.
- A goal cannot be scored directly on a kick-off. It must touch at least one other-player on the team



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K & 1st Grade

- Each game shall consist of (2) 22 minute halves with a 5 minute half time. Please note the clock should be running the whole time.
- There shall be only 8 players at any time on the field during the game. This includes goalie.
- A player may be goalie for only half a game.
- Coach from each team shall act as referees during the game
- If a hand ball occurs in the goalie box, then a penalty kick is awarded. All other penalties shall be an indirect kick only.
- There shall be no slide-tackle at any time. First incident will result in a verbal warning with the second incident resulting in a 10 minute penalty on the sideline.
- The offside rule will NOT be in effect.
- There will be a second chance throw-in only if a throw-in was in violation by not having both feet on the ground or stepping across the line.
- Once the goalie has possession of the ball, the opposing team must back up at least five yards until the goalie has cleared the ball by throwing, punting, or kicking off the ground.
- A goal cannot be scored directly on a kickoff. It must touch at least one other player on the team.



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2nd & 3rd Grade

- Each game shall consist of (2) 25 minute halves with a 5 minute half time. Please note the clock should be running the whole time.
- There shall be only 8 players at any time on the field during the game. This includes goalie.
- A goalie may play up to half of the game.
- If a hand ball occurs in the goalie box, then a penalty kick is awarded. All other penalties shall be an indirect kick only.
- There shall be no slide-tackle at any time. First incident will result in a verbal warning with the second incident resulting in a 12 minute penalty on the sideline.
- Teams may start the game with a +1 players on the field. (For example if one team has 8 players, the other may have 9 players)
- The offside rule will be in effect.
- There will be a second chance throw-in only if a throw-in was in violation by not having both feet on the ground or stepping across the line.



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4th & 5th Grade

- Each game shall consist of (2) 30 minute halves with a 5 minute half time. Please note the clock should be running the whole time.
- There shall be only 11 players at any time on the field during the game. This includes goalie.
- A goalie may play half of the entire game if the team chooses to do so.
- If a hand ball occurs in the goalie box, then a penalty kick is awarded. All other penalties shall be an indirect kick only.
- There shall be no slide-tackle at any time. First incident will result in a verbal warning with the second incident resulting in a 12 minute penalty on the sideline.
- Teams may start the game with a +1 players on the field. (For example if one team has 8 players, the other may have 9 players)
- The offside rule will be in effect.
- There will be a second chance throw-in only if a throw-in was in violation by not having both feet on the ground or stepping across the line.



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Middle School

- Each game shall consist of (2) 35 minute halves with a 5 minute half time. Please note the clock should be running the whole time.
- There shall be no more than 11 players at any time on the field during the game. This includes goalie.
- Teams may start the game with a +1 players on the field. (For example if one team has 9 players, the other may have 10 players)
- A goalie may play half of the entire game if the team chooses to do so.
- If a hand ball occurs in the goalie box, then a penalty kick is awarded. All other penalties shall be an indirect kick only.
- There shall be no slide-tackle at any time. First incident will result in a verbal warning with the second incident resulting in a 12 minute penalty on the sideline.
- The offside rule will be in effect.
- There will be a second chance throw-in only if a throw-in was in violation by not having both feet on the ground or stepping across the line.